

Oxygen therapy

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The oxygen-multistep-therapy according to Prof. M. von Ardenne is a natural treatment with universal Einsatzmöglichkeiten. It is used with great success especially Erschöpfung, stress, Infektanfälligkeit, tiredness, old age ailments. "A lot of ungulate, as today is thought of is the lack of oxygen prime cause of diseases, disorders or unstable psycho-physiological Zuständen, particularly in more favorable to life." Therefore, the stimulation of O₂ metabolism of the cells about Kräfte or repeated periods Inger and possibly a therapeutic weapon against these diseases or Zustände that attacks on the primären cause and not, as so often in medicine, the goal of symptoms ... Oxygen multistep therapy, therefore, is the arterial partial pressure of oxygen (oxygen content of blood) to levels increase, which have existed in the prime of youth ...". (Prof. von Ardenne, physiologist. u. techn.Fundamentals of SMT, Thieme Verlag, Stuttgart) oxygen treatment chair with the aid of oxygen burns the body's nutritional components such as fats, carbohydrates and Eiweißstoffe to carbon dioxide and water. Thus he erhält the energy to keep his metabolism going. With age, stress, physical inactivity and the increasing environmental pollution decreases natürliche oxygen uptake and thus the power of the human organism. The körpereigene defense (immune system) is schwächer. The Possibility of infectious diseases, but also affected by other serious diseases is to be, Full-Size. Also operations Unfälle, poisoning, mental shock können act as stress factors. Call vielfältige schädliche reactions in the body. The oxygen content of blood plötzlich - für and sometimes long period - lowered. This can have fatal consequences, of the decrease in Konzentrationsfähigkeit up to the heart attack. According to Professor von Ardenne increases Erhöhung one of the oxygen in the blood, the well-being, Lebensqualität and life expectancy. Von Ardenne's method, named multi-step oxygen therapy (SMT), because they air three consecutive steps, starting in 30 minutes before the start of treatment doses of vitamins (C + B) and magnesium to the oxygen in the tissue to erhöhen. Inhalation of pure (100%) oxygen by a special Maskenapplikator so that only pure oxygen inhaled is real. ensuring good blood circulation by slightly körperliche load, for example, with a bicycle ergometer with load display and Pulsüberwachung or a walk around einständigen . the oxygen partial pressure measurements before and after treatment to decide whether the therapy is necessary if progress is set and whether the therapeutic success anht. Thus, the respective oxygen deficit demonstrable and therapy to control precisely.

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